

Abbotsford Massage Therapy

Abbotsford Massage Therapy - Visceral manipulation is a physical treatment which works through the internal visceral organs in a person's body like for example the stomach, liver, heart, and intestines, and that. When the very first assessment of the body has finally been done, the practitioner's hands are lightly placed on those organs which are not quite moving with the rhythm of an individual's body that can cause physiological problems. The objective of the treatment is to have normal mobility and motility, inherent tissue motion of the tone and viscera. Our bodies require balanced motion so as to be in good physical shape and perform as it should. Every time tissues become infected or swollen, they are believed to lose normal motion.

The pulling and pushing of surrounding tissue is defined as mobility. The visceral organs will move in reaction to involuntary or voluntary exterior forces. Impairment or irregular functioning of the organ would mean restriction.

The kinetic expression of the tissues in motion or the organs active, intrinsic movement is actually called Motility. Inscribed within the visceral tissues are the embryologic axes and directions of those movements and they happen around a point of equilibrium and moves toward the median axis of the body. This is called inspir and expir, and cycles between 7 and 8 cycles for each 1 minute. The goal of improving organ function and restoring a much better physiological motion is acquired by way of making use of particular techniques in order to treat areas of altered or decreased motion.